



Training TIPS

How do I get the most out of training?

- ✓ Consider what type of professional development appeals to you – these include: lectures, workshops, trainings, conferences, college classes or distance learning opportunities like video, satellite or internet training
- ✓ Consider location and time of day
- ✓ Always identify two things you want to learn from a topic
- ✓ Ask the presenter afterwards if your question was not answered
- ✓ Ensure the training has relevance for you
- ✓ Take notes during the training – you can reflect later
- ✓ IMMEDIATELY after – write down three ideas you want to remember, do or change in your work with children and families
- ✓ Implement one new idea at a time – give it time – children need time to adjust to new activities and materials in the classroom too
- ✓ Hang training information in your classroom or center as friendly reminders
- ✓ Incorporate training information into your displays – one teacher posted lovely questions to ask children all around the room as a reminder to herself
- ✓ Share your experience with someone – we find the more you talk about a topic the more you remember to “do” it
- ✓ Reread all information a week or two after the training
- ✓ Maybe set a goal to become a center expert on ONE particular topic. One teacher became the center expert on blocks and how to help children use and learn with them.